



FEDERAZIONE ITALIANA
SPORT ORIENTAMENTO

Delegazione LIGURIA



Organize in occasion of the World Cup



May 31 - June 2 2024, Liguria
3 DAYS OF APENNINES

Italian Cup Middle + Italian Cup Sprint
****3 World Ranking Events****

BULLETIN 1

GENERAL INFORMATION

PROGRAMME

Friday, May 31 – WORLD RANKING EVENT MIDDLE C-O, REGIONAL EVENT TRAIL-O – Piani di Praglia, Ceranesi (GE)

10.00 race office opens
10.30 first start Trail-O
11.30 Model Event opens
15.30 first start C-O

Saturday, June 1 – ITALIAN CUP MIDDLE WRE – Passo del Faiallo, Urbe (SV)

9.00 race office opens
10.00 first start
13.00 prize giving ceremony

Sunday, June 2 – ITALIAN CUP SPRINT WRE – Campo Ligure (GE)

9.00 race office opens
10.00 first start
13.00 prize giving ceremony

ORGANIZING COMMITTEE

spectator.race@woc2026.it

| | |
|-------------------------|---|
| Spectator race manager: | Andrea Immovilli |
| Event Adviser: | Simone Grassi |
| Race Director: | Andrea Roberto |
| Event Office: | Elena Lutaj |
| Technical Director: | Emiliano Corona |
| Course Setters: | Michele Caraglio (day 1) Dario Bertolini (day 2) Emiliano Corona (day 3) |
| Course controllers: | Enrico Immovilli (day 1) Enrico Gottardo (day 2) Andrea Immovilli (day 3) |
| Start: | Valter Pallaver |
| Finish: | Ottavio Parodi |
| Prize giving ceremony: | Susanna Parodi |
| IT: | Claudio Balbo |
| First Assistance: | Croce Rossa Ceranesi, Croce Rossa Campo Ligure, Croce Rossa Urbe |
| Trail-O: | Andrea Roberto (RD), Giuliano Michelotti (CS) |



CLASSES

Competitive classes: MW-12, MW-14, MW16, MW-18, MW-20, MWE, MWA, MWB, MWC, MW35+, W40+, MW45+, MW50+, MW55+, MW60+, MW65+, MW70+, MW75+.

Non competitive classes: MW-10, Red, Beginners.

Trail-O: Open, Beginners

MAPS

Piani di Praglia: scale 1:10.000/1:7.500, 2023, mapper Francesco Buselli

Passo del Faiallo: scale 1:10.000/1:7.500, 2024, mapper Francesco Buselli

Campo Ligure-Valle Stura: scale 1:4.000 /1:3.000, 2024, mapper Emiliano Corona

Trail-O: Piani di Praglia (map n. CO1316), 2022

Embargoed Areas can be downloaded from <https://www.fiso.it/gara/20249>, <https://www.fiso.it/gara/202410> e <https://www.fiso.it/gara/202411>.

ENTRIES

CO RACES

Until Sunday, May 25.

WRE entries (only Elite classes) on Eventor:

<https://eventor.orienteering.org/Events/Show/7864>

<https://eventor.orienteering.org/Events/Show/7869>

<https://eventor.orienteering.org/Events/Show/7865>

All others entries by email to spectator.race@woc2026.it.

Please provide these information for each competitor: Name, Surname, Club, Nation, Year of Birth, Class, SI-card.

ENTRY FEES

Non competitive classes and runners up to MW16: 7 € per race

Competitive classes from MW18: 12 € (sprint), 15 € (forest) per race

SPECIAL OFFER

All the competitors that have run in Bolzaneto e Praglia 2023 can use their 5 € voucher, please indicate it with entries.

Those who register for both competitions until 15/04/2024 will receive a 10 € discount voucher valid for the 5 Days of the Apennines in 2026.

TRAIL-O race

<https://www.fiso.it/gara/2024219>

7 € per race

All others entries by email to spectator.race@woc2026.it.

Please provide these information for each competitor: Name, Surname, Club, Nation, Year of Birth, Class, SI-card.

PAYMENT

All entries must be paid in advance with a bank transfer, one for the entire club. Summary of fees

for each club will be upload online after the entries deadline, please wait and check the amount before payment.

Please note that we will accept payments only in euro currency.

MODEL EVENT

Friday, May 31 a Model Event is settled from the arena. You have to book it by email to spectator.race@woc2026.it. It costs 2 € per person, maps can be collected at the race office.

PUNCHING SYSTEM

The punching system used is SPORTident SIAC Air+. You can hire Sport-Ident (no Air+) for 2 € a day.

PRIZE GIVING CEREMONY

For each stage, Top 3 for all competitive classes will be rewarded.

For the 3 Days of Apennines, Top 6 elite, best A, B, C and Red and top 3 of other classes will be awarded.

The ranking of the 3 days will be drawn up according to the following scores:

Scores 3 Days of Apennines:

- 20 scores 1st classified
- 17 scores 2nd classified
- 14 scores 3rd classified
- 12 scores 4th classified
- 11 scores 5th classified

Then, decreasing by one point up to the fifteenth classified, who will receive one point, like all the other classified beyond the fifteenth place. Athletes who are not classified or not registered will be assigned 0 points.

Top 3 of the Trail-O race will be rewarded.

ACCOMMODATION

All athletes, coaches and team member that could be involved in OWC 2024 and WOC 2026 must respect [the embargoed area](#), please pay attention when booking your accommodation.

For any question write to accommodations@woc2026.it